Action



## Thomas Telford School SILVER AND GOLD TRAINING DAY Saturday 22<sup>nd</sup> November 2025

MEET - Thomas Telford School at 8.45 a.m.

**RETURN** - Approximately 4.30 p.m..

VENUE - The Long Mynd

<u>AIM</u> - A day to practise navigation techniques and

moving together as a group. Problems will be given to solve

en-route. Semi-accompanied.

<u>KIT</u> - As checklist for mountain day out. All items are necessary for

your own safety, see TTS web site for list.

- Lunch and drink. (A hot flask may be useful)

- Small rucksack.

Waterproofs - can be issued on the day.

EMERGENCY CONTACT NUMBERS - Mr Baker 07815 947114.

Please see TTS Home Page/Sport Tweet site in the event of last minute problems such as extreme weather conditions..

Frightening New places Wild

Quiet Imagination Relevance Frustration Confidence

Fragile

Bad

Empathy

Sharing